

# Report of the Assistant Director (Children's Social Care) to the Meeting of the Bradford South Area Committee to be held on 24 November 2016.



#### Subject:

# PROGRESS REPORT ON BRADFORD'S FAMILIES FIRST PROJECT PHASE 2 – OF THE NATIONAL TROUBLED FAMILIES PROGRAMME.

#### **Summary statement:**

Bradford's Families First (Phase 2) will identify and deliver interventions to 5,990 families by March 2020 against locally agreed Payment by Results targets.

We have now engaged 1416 families since September 2014. Council and key partners are ensuring a sustained and assertive effort to meet agreed targets.

We are now implementing the new Early Help structure and offer which aligns key services and support to our Families First interventions and outcomes.

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Portfolio:

**Education, Employment and Skills** 

Overview and Scrutiny Committee: Children's

**Services** 

#### 1. SUMMARY

- 1.1 Bradford's Families First (Phase 2) will identify and deliver interventions to 5,990 Families by March 2020 against locally agreed Payment by Results targets.
- 1.2 By the end of October 2016, we had reached 1416. We have made Payment by Results claims for 214 of these families.
- 1.3 Under the new Early Help structure and offer, we are aligning key teams and partnerships to support the Families First outcomes and interventions.
- 1.4 We are ensuring an assertive and sustained effort in order to meet our agreed targets.

#### 2. BACKGROUND

- 2.1 This report outlines the multi agency work to deliver the Bradford's District wide Families First Programme which forms part of the National Troubled Families Programme.
- 2.2 Phase 2 of the programme aims to turn around the lives of 400,000 families in England by 2020. In March 2015, Bradford Council signed up to Phase 2 of the National Troubled Families Programme.
- 2.3 The Government estimates £9 billion pounds was spent on services to these families, £8 billion reacting to the problems of these families and £1 billion was being spent on targeted interventions to help families address their problems.
- 2.4 In 2015, research by the Early Intervention Foundation estimated that nearly £17 billion per year is spent in England and Wales by the state on late Intervention, with the largest single items being the costs of children who are taken into care, the consequences of domestic violence, and welfare benefits for 18-24 year olds who are not in education, employment or training (NEET). Late Intervention services in the area of child protection and safeguarding account for over a third of the total, followed closely by spending in response to crime and anti-social behaviour.
- 2.5 Families First aim to turn around the families with multiple problems by focusing on the family rather than just mum, dad or one of the children. The team can provide better support and improve the way individual services work together.
- 2.6 The criteria may apply to one individual in the family but once eligible a whole family approach is delivered by the programme.
  - Working with the whole family in a way which recognises they interact and influence each other, rather than viewing them as individuals with problems
  - Using a dedicated worker or team to get to the underlying problems

- Developing a relationship with the family, being persistent and building trust with them in order to challenge them to make the changes they need, step by step
- Drawing in specialist services in a sequenced way at the right time for the family.
- 2.7 There is assertive and focused work with families on problems such as domestic violence, family conflict, mental and physical health problems, poor school attendance, crime and anti-social behaviour, support to parents about their training and preparation for work.

#### 3. REPORT ISSUES

#### 3.1 Phase 1 Payment by Results (PBR) outcomes

- 3.2 In Phase 1 we turned around 93% of our allocated families 1632 / 1760 against the Payment by Results targets by improvements for each family against the following targets:
  - Each child in the family has less than 3 exclusions & less then 15% unauthorised absences in three school terms
  - 60% reduction in anti-social behaviour in the family in last 6 months
  - Offending rates by all minors reduced by 33% in last 6 months
  - Adult members of the family are on the Job Centre Plus work programme, European Social Fund support into work or training provision.
  - The parent is in employment

#### 3.3 Update on Phase 2

- 3.4 Phase 2 will be harder to achieve the Payment by Results outcomes due to:
  - higher number of families with a wider complexity of needs
  - additional Payment by Results outcomes (4 increased to 11)
  - 50% reduction in funding
  - additional monitoring requirements.
- 3.5 Bradford is now implementing a new Targeted Early Help structure and offer (Appendix 1). This will make the Families First outcomes everyone's business.
- 3.6 These outcomes support our District and Children's Plan priorities linked to education, health, employment and skills.
- 3.7 The new structure, under Children's Services, brings together the Family Centres, specialist inclusion and behaviour teams, the Intensive Family Support Team, Parenting Programmes, Youth Offending Team and Families First Teams.
- 3.8 A new Head of Service has been now taken up post.

- 3.9 Two service managers have been assimilated to the new structure; one covering Shipley/Keighley/East, one covering West/South and a YOT Service Manager. A Police Sergeant and Employment Co-ordinator also form part of the management team.
- 3.10 Multi-agency Early Help pathfinders panels are operating in the Keighley and Better Start (BD3/4/5) areas. The pathfinders tested out the best ways to ensure support and plans are offered to children and families below the threshold for children's social work. A multi-agency event was held 5 October to capture learning from panel members. Learning from the two pathfinders will shape wider plans to upscale Early Help across the district (now planned for January 2017). We are now convening panels aligned to the seven children's centre cluster areas.
- 3.11 In Phase 2, Bradford has been allocated 5,990 families.
- 3.12 The focus will be on families who meet at least 2 of the 6 areas identified below:
  - Families involved in crime and anti-social behaviour
  - Young people who are not attending school regularly
  - Children who need help (Bradford will initially focus on those high number of children referred to social care who do not meet the child protection threshold)
  - Adults out of work
  - Families affected by domestic violence and abuse
  - Families with health problems
- 3.13 The programme continues to be a Payment by Results programme which will be based on targets set locally and sustained improvements across all relevant areas or entry into work.
- 3.14 Funding
- 3.15 Phase 2 programme funds £1,800 per family. Bradford will receive an upfront payment of £1,000 per family when we commit to work with on the programme and £800 per family based on achieving the Payment by Results outcomes.
- 3.16 Bradford's full funding allocation will be £10,782,000 over the 5 years. £5,990,000 will be paid upfront. £4,792,000 by achieving Payment by Results targets.

#### 3.17 Bradford Payments by Results Outcome Plan

- 3.18 We continue to work with partners to deliver our outcomes plan. A Target & Engage Working Group will ensure we build and maintain strong links between the new Targeted Early Help Service and:
  - Community Safety and ASB Panels (data sharing in place)
  - Children Centres working in the target areas (building links)
  - Pupil Referral Units and SEBD provision (data sharing in place)
  - Education Social Work (data sharing in place)
  - Behaviour Support Services (data sharing in place)
  - Probation (data sharing place)
  - Housing (strengthening links)

- Youth Services (building links)
- NEET (data sharing in place)
- NHS (strong engagement in area developments and Panels)

#### 3.19 Families First Phase 2 – progress against targets at the end of October 2016

- 3.20 In the previous report, we outlined how we would extend our reach so that wider teams adopted a Think Family approach and supported families to achieve the Families First outcomes. This has now been extended across all the key teams who provide interventions to families who meet the criteria for inclusion in the programme.
- 3.21 The programme has to identify and work with 2,100 families by March 2017.
- 3.22 By the end of October 2016, we had reached 1416.
- 3.23 Below is a breakdown of the families by Ward & presenting issues at the point of joining the programme (report run in June 2016):

Ward	Families	Crime/ ASB	Education	Child in Need of Help	Workless ness	Domestic Violence	Health
Tong	91	13.2%	31.9%	81.3%	84.6%	19.8%	19.8%
Eccleshill	77	11.7%	32.5%	76.6%	79.2%	24.7%	20.8%
Little Horton	66	13.6%	25.8%	83.3%	81.8%	28.8%	15.2%
Bowling and Barkerend	64	15.6%	26.6%	81.3%	68.8%	28.1%	25.0%
Royds	56	16.1%	39.3%	82.1%	67.9%	28.6%	17.9%
Thornton and Allerton	52	15.4%	26.9%	82.7%	84.6%	25.0%	23.1%
Keighley West	50	12.0%	40.0%	82.0%	68.0%	14.0%	20.0%
Windhill and Wrose	49	14.3%	40.8%	79.6%	77.6%	14.3%	24.5%
Great Horton	48	16.7%	37.5%	89.6%	83.3%	31.3%	8.3%
Bradford Moor	47	25.5%	42.6%	87.2%	68.1%	25.5%	14.9%
Clayton and Fairweather Green	46	15.2%	30.4%	82.6%	67.4%	34.8%	28.3%
Manningham	42	14.3%	50.0%	83.3%	76.2%	23.8%	11.9%

Wibsey	42	28.6%	33.3%	88.1%	69.0%	31.0%	9.5%
Keighley East	41	14.6%	22.0%	90.2%	70.7%	24.4%	17.1%
Heaton	39	20.5%	48.7%	79.5%	64.1%	20.5%	17.9%
Wyke	36	(low)	55.6%	83.3%	72.2%	(low)	(low)
Bolton and Undercliffe	35	17.1%	45.7%	80.0%	62.9%	31.4%	20.0%
Toller	34	14.7%	29.4%	76.5%	70.6%	32.4%	20.6%
Keighley Central	31	16.1%	22.6%	96.8%	74.2%	16.1%	16.1%
City	30	16.7%	16.7%	90.0%	73.3%	23.3%	13.3%
Shipley	25	(low)	28.0%	96.0%	72.0%	(low)	(low)
Queensbury	19	*	*	*	*	*	*
Idle and Thackley	18	*	*	*	*	*	*
Bingley	17	*	*	*	*	*	*
Craven	14	*	*	*	*	*	*
Bingley Rural	13	*	*	*	*	*	*
Rural Baildon	12	*	*	*	*	*	*
Ilkley	12	*	*	*	*	*	*
Wharfedale	4	*	*	*	*	*	*
Worth Valley	4	*	*	*	*	*	*
Total	1114	175	371	934	815	278	205
Overall percentages		15.7%	33.3%	83.8%	73.2%	25.0%	18.4%

- 3.24 (\*) Denotes Ward data that is not completed because of risk of identification.
- 3.25 We have now submitted a further claim for Payment by Results making total claims for 142 families so far.
- 3.26 We will ensure that we pursue timely claims for Payment by Results. For education improvements though we need to demonstrate improved attendance over three full terms.
- 3.27 In order to both catch up and maintain the reach of the programme by March 2017 we will need to reach an average over 120 new families per month. We will ensure that all key interventions from across the new Targeted Early Help structure count towards these target and outcomes
- 3.28 Specific Area Committee delivery and partnerships.
- 3.29 We have commissioned Prospects and JAMES as our VCS delivery partners in Bradford South. Key workers across the Council and these two organisations work closely together.

- 3.30 In Bradford South, we have developed good links with the schools. We have provided information to Primary, Secondary schools and Pupil Referral Units so they understand the Families First referral process and where needed, we support school staff to make referrals.
- 3.31 Families First keyworkers contact the schools and inform them about the families they are working with and will seek the schools views, opinions and discuss how we can work together to help the families to engage and support them to make sustainable change.
- 3.32 Strengthening our working relationship with our schools is a key part of our strategy. Schools often have a key role to play by helping to introduce the families and build meaningful relationships with families. This support is invaluable when trying to engage hard to reach families. When we have a good starting point with families this can ultimately lead to better outcomes.
- 3.33 Our keyworkers often host team around the family meetings and professionals meetings in the schools associated with the families. This helps to share information in order to complete the family assessment and agree on actions. The collective input by professionals helps to ensure that we get the right support and the right input from the right agencies to support these families.
- 3.34 Developing strong and effective partnerships with the local community, national and voluntary sector organisations, charities and faith groups is also vital. Essentially, we are seeking to ensure that families have access to the resources and the support they need.
- 3.35 As part of the new Early Help arrangements, Families First, Family Centres and Children's Centres in the Bradford South area, are already working together to provide and develop services locally.
- 3.36 We are working with our colleagues in Bradford South Youth Service to identify vulnerable young people and families. Undertaking joint visits if required, delivering programmes and holding joint team meetings to share expertise.
- 3.37 On the Holme Wood area, we are piloting a Parents Together Project. As part of the Holme Wood Estate Action plan in Bradford South, Targeted Early Help, Youth Service, YOT, Education Welfare Services, Community Safety and Make Your Mind Up are working together to engage parents using a Restorative Practise approach to address issues of ASB and School Attendance.
- 3.38 The programme will support families to identify the issues and the professionals will support the families to develop an action plan to address the issues and also encourage parents and young people to support each other in finding solutions to the problem they are facing. The first Parents Together meeting is scheduled to take place in early December.
- 3.39 Our keyworkers sign post families to a variety of local services for professional advice, support and guidance. The keyworkers have a good knowledge of services that operate locally and have developed good relationships and networks in order to

- support and help provide families with access to good quality services which can support improve and produce sustainable outcomes.
- 3.40 Bradford Better Start Early Help Panel is a good example of how Children's Services, Health professionals, Police and the voluntary sector organisations have come together and work, effectively to provide better responses and interventions for families in need of support.
- 3.41 Working with our partners in this way deepen and strengthen our offer to families and builds better working relationships as well as providing the opportunity to model best practice and introducing new ideas and improve outcome through evidence based practice.
- 3.42 The programme helps families as illustrated by the case examples below
- 3.43 Practical Support The families have often been told by professionals to change but they need a more hands on approach which shows and guides them on how to deliver the change that is required.
- 3.44 Working with and for the whole Family Recognise that parent's own experiences and aspirations have a big impact on the behaviour of their children. All staff should be responsible for ensuring all children attend school, they are healthy, they behave and that their parents are given help out of poverty of benefits into training and/or work?
- 3.45 Effective Family Working Bradford has adopted a Think Family Model which is an effective and consistent family working approach. This includes the delivery of effective parenting programmes. Raising the self esteem of parents is a big focus of the programme with many of the parents being encouraged to take part in a range of volunteering opportunities for them to make a more positive contribution to their community.
- 3.46 Families First Case:
- A) Issue: YP making allegations towards mum and step dad around chastisement

Assessment: Mum showing signs/traits of OCD and suffering from depression. Both parents openly said they both lacked confidence and have low self esteem.

Intervention: With support from the key worker, Mum agreed to a referral for therapy. Mum is addressing her depression by regularly attending appointments with her GP and taking her prescribed medication.

Parents both referred to Family Links and completed the programme

B) Pregnant single female aged 33 years old. Three children - aged 4, 8 and 15 years.

Repeat Domestic Violence. Allocated to a Police Officer to work intensively. Early assessment by Key Worker identifies further issues within the family:

- Debt
- Housing problems
- Lack of communication with DV services and woman feeling lonely and isolated due to pregnancy
- Children not accessing any activities or involved in any hobbies and have witnessed lots of violence in the home. Work carried out with the family:
- Debt. Helped with reclaiming benefits and back payment received via tax credits.
   Not evicted from home and therefore not making 3 children and young baby and mother homeless.
- Self Esteem. After years of domestic abuse, the female's confidence had diminished. Confidence Course organised at Together Women Project and attended. On track to look for work once maternity leave concluded, shows a readiness and willingness to work.
- Victim Support/ Domestic Violence. Contact re-initiated with DV services via assistance from Key Worker. Supported female with the restraining order against ex-partner. Helped with concerns around future contact with ex partner and contact with children once released from prison.
- Support offered to explain the mandatory course ex-partner attending through the prison and the position around his rehabilitation and resettlement into the community once he is released from prison. He has now served his sentence and there are still no incidents of DV.
- Children and Activities. Police Camp places offered to the children for the Summer holidays and October Half term. Children attend and enjoy camps, expressing their desire to attend further camps and similar activities. List of local provision provided and assistance given to enrol children in local clubs and access activities offered through schools.
- Housing. Repairs made to the fence.

#### 4. OTHER CONSIDERATIONS

4.1 None.

#### 5. OPTIONS

5.1 To note the targets and achievement to date.

#### 6 FINANCIAL & RESOURCE APPRAISAL

- 6.1 The Families First programme is funded by a grant from the national troubled families programme
- 6.2 The current programme ends in March 2020.

#### 7. RISK MANAGEMENT AND GOVERNANCE ISSUES

7.1 The Outcome Plan is monitored robustly. Internal Audit approve claims for Payment by Results. A priority focus is on achieving agreed targets. This should be accelerated by the new Early help arrangements.

#### 8. LEGAL APPRAISAL

8.1 No legal issues arising from the programme.

#### 9. OTHER IMPLICATIONS

#### 9.1 EQUALITY & DIVERSITY

None.

#### 9.2 SUSTAINABILITY IMPLICATIONS

The Families First programme is using the Think Family approach to working with families and promoting best practice across mainstream services. This approach could lead to improved outcomes for a wider number of families in the Bradford district.

#### 9.3 GREENHOUSE GAS EMISSIONS IMPACTS

None.

#### 9.4 COMMUNITY SAFETY IMPLICATIONS

Families First contributes to the work of Bradford's Safer Communities through its performance targets of reducing youth crime and reducing anti-social behaviour.

#### 9.5 HUMAN RIGHTS ACT

Families First complies with the Human Rights Act.

#### 9.6 TRADE UNION

None

#### 9.7 WARD IMPLICATIONS

The Families First programme covers all wards in the district.

#### 9.8 AREA COMMITTEE ACTION PLAN IMPLICATIONS

To note specific issues and partnerships related to the area.

#### 10. NOT FOR PUBLICATION DOCUMENTS

None.

#### 11. RECOMMENDATIONS

That the South Area Committee notes this report.

That the South Area Committee notes the need for a continued assertive and intensive approach to reach, engage and improve outcomes for the agreed number

of families. A whole system approach will be required to reach and engage these families lead by the Targeted Early Help Service, other key Council teams and wider partners and commissioned services.

#### 12. APPENDICES

Appendix 1 – Bradford's Early Help offer & thresholds

#### 13. BACKGROUND DOCUMENTS

None.

## Appendix 1

## Bradford's Early Help- Everybody's business delivering improved family outcomes

	er 2	Tier 3	Tier 4
UNIVERSAL TAI	ARGETED EARLY HELP FAMILIES FIRST	TARGETED EARLY HELP FAMILIES FIRST	CHILD PROTECTION LOOKED AFTER
EARLY HELP  Chi Fur Bet  Existing provision Clear step up into targeted Early Help  Col Inte Kee Par End How acc How built Ch Door	argeted Early Help Hubs (drop in centres) hildren's centres, V.C.S, etc unding – Existing, Innovation fund, Building etter Opportunities, Future in Minds argeted Early Help clinics aff from – Early years, Education, Y.O.T. amilies First, Drug & Alcohol, Police, CAMHS. ealth?, V.C.S, Domestic violence staff. unding – Existing, Future in Minds. Domestic blence funding, Police & Crime bommissioner? terventions:- eep my family safe arenting programmes hough is enough programme bow to resolve families in dispute over excess to children (post court) bow to transform your teenager into a uman being! children's centres, Family centres, V.C.S. bomestic violence staff, Health , C.A.M.H.S. amilies First, Y.O.T. Early years, etc unding – Existing, Innovation fund, Building etter Opportunities, Future in Minds	Multi agency approach to Targeted Early Help Co-located Early Help access point for public & staff Risk based approach based on repeat contacts Realigned services and management structure Constituency focus –build stronger links with local services Assertive outreach for high risk non engaging families Early Help assessment linked to Signs of Safety Strengthen family resilience to reduce repeat referrals Families First support into training & work out of poverty	NEW Clear step down process Signs of safety assessment process

